

AMLA (NELLI) CORDIAL

Invention Summary

A cordial formulated with real amla (Nelli), with no added sugar and other permitted ingredients.

Technology Overview:

Amla (Sinhala: Nelli) (*Phyllanthis emblica*) has antioxidant properties. It claims scientifically proven health benefits such as anti-diabetic, anti-ageing, immunity boosting and anti-cancer; a few to mention. The product was processed with amla extract which was evaluated for antioxidant properties. High vitamin C content was also detected.

Fruit cordials are highly consumed in the community. Beverages made with fruits having medicinal properties are preferred by the current consumers. Amla cordial is prepared using real amla extract, artificial sweetener and potable water. The product is processed by pasteurization and packaged in a glass container. Preservation is achieved by the heat treatment, controlled acidification and preservatives, while complying with the local regulations.

Potential Application:

A drink for patients suffering from diabetes, who cannot enjoy sugar added drinks. This is suitable for all ages of adult consumers.

Advantages of Nelli Cordial:

- Thirst quench especially for diabetics
- A product containing bioactive Amla extract and users will receive the health benefits imparted
- The product is free of artificial flavors

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