

Nutritious Granola Bar

Invention Summary:

Granola bars are a breakfast food or snack food. This product can be introduced as a nutritious granola bar which contains a considerable amount of protein (i.e. one third of RDA value of protein for children (Food Labelling and Advertising Regulations -2005)).

Technology overview:

This nutritious granola bar was formulated using processed grains and nuts and bound in sugar syrup. Red rice was processed into puffed rice, mung beans were processed into mung bean flakes and ground nuts were roasted and crushed into pieces. These processed grains and nuts were bound using sugar syrup. The nutritional value, flavor and taste can be further enhanced by adding condensed or milk powder.

Potential application:

This product can be introduced as a nutritious product especially for children.

Advantages of the product:

- Ready to eat
- Nutritious
- Convenient
- Tasty
- Convenient for those with a life style

Inventor/s

Dr. H.M. Theja Herath

Mrs. A. W. D. Priyangani



Technology Information:

Senior Deputy Director
Food Technology Section
Industrial Technology Institute
503A, Halbarawa Gardens
Thalahena,
Malabe

Tel: +94112797334

E-mail: sdd_fts@iti.lk